

## **AGRICOLA HOUSE, TOTTINGTON, NEAR BURY, MANCHESTER**

### **Focus of Facility:**

- To support individuals to regain their physical, social, cognitive and independent living skills post injury. As well as supporting people to rebuild their self esteem and social network

### **Ethos:**

- Support is based on rehabilitation techniques which aim to increase independence, and progress will be monitored closely using Goal Attainment Scaling, which provides motivation for the individual
- Support plans are created by working with the individual and those close to them to meet their needs and personal goals

### **Clientele:**

- Individuals who would benefit from increasing their independence in a supportive community setting

### **Location:**

- The service is in Tottington, near Bury, with good transport links Manchester city centre, Oldham, Bolton and surrounding areas

### **Family Accommodation:**

- Partners can stay at the service overnight
- Double beds/ bed settees can be facilitated where appropriate

### **Family Dining Facilities:**

- There is a separate dining room with a practice kitchen which can be used for meals with partners or family

### **Range of Cares Provided:**

- Neuro-speech and language therapy, Neuro-physiotherapy, Neuro-OT, Neuro-psychology, Neuropsychiatry, behavioural therapy and counselling are available as required
- Programmes will be carefully designed and integrated into each person's daily routine

### **Service User Involvement:**

- Each person is fully involved in their support plan and in the daily running of the service.

### **Rehabilitation Schedules, Social Activities, and Activities of Daily Living:**

- Personalised structured daily and weekly routines
- Therapy programmes are integrated in daily functional activities
- Training kitchen, accessible laundry and OT to develop daily living skills
- Educational, vocational and voluntary opportunities
- Concerts, theatre, art galleries, museums and cinema
- Shopping and visiting local places of interest
- Assessable library services
- Pet therapy
- gardening
- Horse riding
- Music lessons
- Swimming

- Holidays and day trips
- Social groups
- Computer access

**Clothing and Laundry:**

- There is a large laundry room which is accessible for wheelchair users.
- People living at the service are encouraged to do their own laundry with support from staff to promote independence.

**Mealtimes:**

- The dining room has space for everyone to eat together if they wish, or individuals are able to eat separately if they prefer
- Mealtimes are flexible to work around individual's activities

**Diet and Choice:**

- Everyone can choose their own meals and be involved in writing menus
- Individual menus can be developed to respond to increasing independence or special dietary requirements
- The service caters for varied diets and any cultural needs as requested

**Bedrooms:**

- Each bedroom can be decorated to the individual's preference.
- Each bedroom has its own level access en-suite facilities.

**Access:**

- The service is purpose built; the house and garden are fully wheelchair accessible
- Ceiling tracking is available if needed
- The service has a lift to access the second floor
- All rooms are level access and corridors are wide

**GP / Medical Cover:**

- Two GP surgeries near by who have experience of providing care to people with an acquired brain injury.
- Individuals are able to choose from local GP's

**Staff Training:**

- All staff are trained in acquired brain injury
- Bespoke training is developed for specific programmes and specific individual needs

**CORE TRAINING PROGRAMME**

- Care Principles
- Needs of service users
- Attitudes and Values
- Food Hygiene
- Health and Safety
- Safeguarding Adults
- Anti-discriminatory practice
- Fire Safety
- Medication
- Manual Handling
- Person centred planning

**EXAMPLES OF SPECIALIST TRAINING PROGRAMME INCLUDES:**

- Introduction to ABI
- Bespoke training on therapy goals
- GAS goal training and goal planning
- Mental health training
- Alcohol and substance misuse training
- ABI Cognitive Behavioural training
- Sex and sexuality training
- Communication
- NCI (Non-Violent Crisis Intervention)
- Epilepsy Training
- Diabetes Training
- PEG training
- Tissue viability management
- Catheter training
- Suicide/ self harm awareness

**Fire Safety and Evacuation Planning:**

- Each individual has a personal evacuation plan to meet cognitive and physical needs
- Specialist equipment such as evacumats are available for rapid access for those with mobility difficulties at times of emergency
- The house has sprinklers and automatic fire doors.
- A black box is kept near the front door which holds details of clients' next of kin and medication.
- All staff are trained in the evacuation procedure.

**Management Team:**

- Manager has NVQ4 and has completed Voyage Care's Management Development Programme.
- Has 12 Years' experience of working with ABI and six years with spinal injuries in the North West.
- Attended an extensive course with Dr David Manchester covering Traumatic Brain Injury, Attributions for behaviour, Treatment for behaviour, The Therapeutic Relationship, Environment, Responsivity and Capacity.
- Has been a manager for 15 years
- The deputy manager has worked with people who have had a brain injury for eight years
- The service is also supported by two fully trained senior support workers

**Transport:**

- The service has a seven seater Volkswagen Touran.
- There are good local transport links, including buses, trams and good national rail and air links from Manchester