## **Appendix:**

## Further information about 144 Boughton Green Road, Kingsthorpe, Northampton.

## **Richardson Care**

### **Service User Focus of facility**

This is a specialist long-term community neuro-rehabilitation service for men, which also offers a home for life. All packages of care are tailored to each service user's needs and are reviewed regularly to ensure wants, desires and aspirations are being met.

#### **Ethos**

- The service aims to encourage and empower individuals to realise their potential.
- It is committed to providing opportunities for social inclusion, community participation, and enabling development of life skills and relationships.

# **Costs**

- Basic fee is £2,634.71 per week. This is inclusive of access to a multi-disciplinary team, and includes an annual holiday for each service user.
- Increased fees are on an assessment basis and are usually for increased staffing levels.

### Clientele

- This service has 14 ensuite bedrooms and currently accommodates males only.
- Assessments aim to identify the complexities of each individual to ensure the home can meet their requirements and maintain their functional abilities.
- The comprehensive assessment process will include (where necessary) input from a multi-disciplinary team.

#### Location

- The home is situated in a residential area in Kingsthorpe, Northampton, NN2 7AA.
- There are a variety of local amenities including cafes, restaurants, supermarkets, banks etc.
- The main town centre, it is a short distance away easily accessible by public transport or the home's own transport.
- The home's location also benefits from being close to several country parks which include Salcey Forest, Bradlaugh Fields, Irchester Country Park and Brixworth Country Park.

#### **Family Accommodation**

- There are no facilities for families to stop overnight.
- There are a large number of local hotels.
- Staff can assist in finding suitable accommodation if required.

# Family dining facilities

• Family members are more than welcome to join service users for their meals. Light refreshments are available for visitors at any time.

### Ranges of care provided

- The home employs and consults with a multi-disciplinary team, these advising and supporting the high ratio of care staff.
- This enables the home to successfully manage behaviours which challenge, resulting from Acquired Brain Injury.
- The multi-disciplinary team consists of Neuro specialists:
  - Consultant Neuropsychiatrist
  - Consultant Clinical Psychologist and Assistant Psychologists
  - Neuro Physiotherapist
  - Occupational Therapist

## **Service User involvement**

- Regular house meetings are held for service users to have open discussions as a group.
- Individual satisfaction questionnaires are carried out annually. All service users are actively encouraged and supported to express their aspirations, wants and needs.
- The home operates a pro-active key worker system that encourages and prompts individuals to exercise their right to choose and inclusion in all aspects of their daily life.

## Rehabilitation schedules, social activities and activities of daily living

- All plans are formulated taking into account individuals' wishes.
- Activities are varied to suit individual preferences and a diverse range of functional ability.
- All service users are encouraged to choose and suggest activities that they particularly want to participate in.
- Activities of daily living are planned so that each individual benefits from either social inclusion or community participation.

#### Clothing and Laundry

- Service users are actively encouraged and supported to purchase clothing of their choice.
- There is a laundry room, which service users are able to use with staff support, depending on functional ability and assessed risk.

#### Mealtimes, Diet and choice

- Menus are devised through individual choices, medical needs, cultural needs and nutritional need.
- The ethos is to shop and prepare fresh products daily.
- Service users are encouraged to access the kitchen with staff support depending on functional ability and risk assessments.
- Meal times can be flexible to fit around service users' activities and preferences.

#### **Bedrooms**

- · All bedrooms have ensuite facilities.
- Service users are supported to personalise their bedrooms and they can bring their own items of furniture with them if they wish.
- All bedrooms have locks on the doors.
- Service users can have keys to their bedrooms dependant on cognitive ability and functional ability.

### **Access**

- The home is wheelchair accessible both at the front and rear. There are ground floor bedrooms.
- Corridors and doorways accommodate wheelchairs and walking aids.

#### **GP/Medical Cover**

- All service users are registered with local General Practitioners who are experienced and competent in supporting service users.
- · Out of hours NHS provision is accessed on a needs basis.
- Specialist NHS services can be accessed, i.e. District Nurses, Diabetic Nurses, Epilepsy Nurses, etc.

## Staff training

- All staff including care staff, administration staff and maintenance staff attend in-house training. Training covers a variety of topics.
- If extra training needs are identified for specific reasons, these will be assessed.

## Fire safety and evacuation plan

- · All fire systems are checked weekly and recorded accordingly.
- All service users have a PEEP (Personal Emergency Evacuation Plan).
- Staff are reminded of the fire procedure in their supervisions and have annual fire training.
- Regular fire drills are carried out for both service users and staff.

### Management team contact details

- 144 Boughton Green Road is part of Richardson Care. The organisation was founded in 1989 and is still an independent family-run business.
- It provides a care pathway for adults with acquired brain injury, which also includes an ABI assessment and complex diagnosis unit and a rehabilitation and transitional service.
- There are two further homes for adults with learning disabilities and complex needs.

#### **Transport**

- The home has two vehicles, one of which is adapted to hold a wheelchair.
- The home can also use vehicles from the other homes within the organisation.
- Service users are encouraged to use public transport, with support from staff, as part of development of life skills.