

Headstart



the brain injury association

March 2016

Springing into a new venue

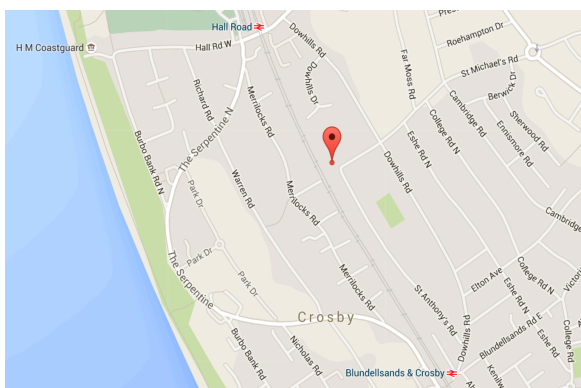
Headway Sefton are pleased to announce that our monthly drop-ins will now be held at



FIRWOOD WATERLOO RUGBY CLUB

The Memorial Ground, St Anthony's Rd, Blundellsands, L23 8TW.

0151 924 4552



The Rugby club offers excellent facilities and is situated close to Blundellsands train station. Free parking is available on site and it is fully disabled accessible. Drop-ins will remain on the 2nd Wednesday of the month. 1pm-3pm.

Getting to us is easy. Just take the **second left out of Blundellsands station onto St. Anthony's Road and keep walking** 😊

TODAY'S ACTIVITIES

Today we are having a quiz written and hosted by our Volunteer and brain injury survivor David Jenkins. This will be followed by talking therapy with Mark Keogan.

WOMANS GUILD PRESENTATION

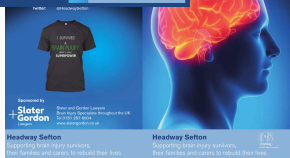
Volunteers and Headway Sefton members attended the Birkdale Townswomens Guild *cheese & wine* evening on 22nd February to receive a cheque and be recognised as their chosen charity.

HEADWAY SEFTON LEAFLET



Our new leaflet is going to print!

Leaflets will be distributed and placed in the Sid Watkins Building.



Thank You

One of our members **Michelle (& Tommy) Hankin** donated £480 after the sad loss of her father. In lieu of flowers, the family asked for donations to our branch. Also **David Jenkins** family donated cash in lieu of Christmas Cards.

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HATS OFF FOR HEADWAY

Headway has received lottery funding for more HATS nurses. Visit link below for more details <https://www.headway.org.uk/news/national-news/number-of-hats-nurses-to-double-thanks-to-big-lottery-grant/>

TRENDING ON TWITTER

Our social media presence keeps growing! We have **516** followers on Twitter and **224** likes on Facebook.



Headway sefton
@Headwaysefton

NIGHTRIDER 2016



To help raise funds for our branch, Slater and Gordon lawyers have entered a cycling team to do the **2016 Liverpool Night Rider 100km Challenge**. Carol Hopwood Branch Secretary is part of that team.

To sponsor visit -

www.virginmoneygiving.com/team/slaterandgordonliverpool

RAISING PROFILE

Strand By Me helped to raise the profile of Headway Sefton in the community whilst generating new members in the area 😊



INFORMATON BOX

We have a box of information booklets that people can consult at our meetings. We can arrange for individual copies. Downloadable versions are on their way!



APRIL DROPIN - 'SPRING THERAPY'

We are pleased to welcome Horticultural Therapist Cath Morris to our April session to help members create hanging baskets.



Headway sefton

Call: Cathy on 07736 774496

Email: headwaysefton@yahoo.co.uk

Visit: headway.org/sefton.aspx



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