

Appendix: Further Information about Unit:

Woodlands Neurological Rehabilitation Centre, York **Christchurch group**

Focus of Facility: The Christchurch Rehabilitation Programme aims to maximise independence and recovery, equipping patients with the skills to return home or to a supported environment, achieving rehabilitation goals that promote re-enablement and enhance quality of life.

Ethos: The Christchurch strategy is to empower people to access and benefit from occupational, social and educational pursuits, and achieve full participation and inclusion in community life. The company's service ethos is based on integrity, transparency, compassion and positivity.

Costs (per week): All pricing is calculated for the individual based on their therapy and care requirements. The Woodlands Unit uses UKROC to create individual prices for each patient.

Clientele: ABI, Neurological rehabilitation, complex care for neurological diseases

Location: York

Family Accommodation: No

Family Dining Facilities: Yes

Range of Cares Provided: Woodlands provides person-centred rehabilitation programmes delivered by an interdisciplinary team. Woodlands' focus is on improving functional independence, motivation, cognitive and executive functioning, confidence, positive risk management and the ability to undertake daily living activities such as washing, dressing, cooking and shopping. Woodlands supports patients through all stages of the rehabilitation process; from acute rehabilitation to community outreach in their own homes and vocational rehabilitation, to support people back to work.

Woodlands is a Consultant led centre and has team of therapists including; Occupational Therapy, Speech and Language Therapy, Physiotherapy, Neuropsychology and Music Therapy. Nursing care is provided by specialist nursing staff and rehabilitation assistants to facilitate rehabilitation and complex care needs. Woodlands can facilitate 1:1 care, diabetes management, behavioural management, continence care, pressure sore care, tracheostomy care and treatment, enteral feeding and many more complex nursing needs.

Patient Involvement: Patients are involved in all goal setting and Rehabilitation Schedules, Social Activities, and Activities of Daily Living.

Clothing and Laundry: Full laundry service

Mealtimes: Breakfast 9-11, Lunch 12.30-1.30, Evening meal 5.30-6.30

Diet and Choice: Patients are offered an option of 3 choices per meal time

Bedrooms: 27 bedrooms (24 ground floor)

Access: Ground floor access through electronic doors, locked after 5pm when operated by staff.

GP / Medical Cover: Woodlands has its own Consultant in Rehabilitation medicine who works four days per week, including one at the local Acute Trust. Out of hours is covered by a GP Surgery, which also provides a routine service.

Staff Training: Staff complete full induction and there is a staff training day provided by specialist staff, once a month.

Fire Safety and Evacuation Planning: PEEP's are provided for all patients; a copy is kept in reception. Several fire marshals are available at the centre; these are identified by the Fire Marshal board. Regular fire tests and practice evacuations are completed.

Management Team:

Registered Manager and Service Director - Robert Hall

Consultant in Rehabilitation Medicine and Medical Director – Dr Marina Platts

Therapy Lead – Sari Teasdale

Nurse Lead – Nicola Jefferson

Support Services Lead – Dave Dunnett

Service Contact Details: 01904 430600

Transport: Adapted van (suitable for 1x wheelchair) seats 5 plus driver.